

Kent County Amateur Swimming Association Annual Report 2018

The Management Committee of the Kent County ASA has pleasure in presenting its Annual Report for 2017/18:



Well, how lucky was I? An 18-month term of office! I have to say though that I have thoroughly enjoyed my extended period of service and will be forever thankful to the Past Presidents for nominating me for the position. I hope that I have served you all to the best of my ability.

All aquatic disciplines continue to thrive in the County, and it's thanks to a small army of volunteers that we continue to function at the highest level.

Water Polo thrives under the watchful eye of Ben McDonald and the rest of his team. I'm aware that they have struggled to find new volunteers over the past 18 months, but they now have action plans in place to ensure succession, and KCASA are looking to support them where possible.

Synchronised Swimming is flourishing under the guidance of Erica Moo and Carolyn Crowe. All Kent clubs are working well together to successfully deliver the changes that have been applied to their sport. I know that these changes haven't been the easiest to work with, but I applaud all the teams for their positive approach to what has been a huge challenge.

Open Water - albeit small - continues to operate well with huge support from Karen Crabtree. Karen has successfully linked with the London Region Open Water Team to ensure that we are able to facilitate a safe and exciting KCASA Open Water Championships on an ongoing basis. We are also delivering an Open Water taster session for younger swimmers for the first time to encourage participation.

Masters swimming continues to go from strength to strength with the support of Glen Isaacs and his team. Working together, they have expanded the Masters County Championships to include all distances from 50m to 1500m for 2018. This became essential as Masters now need qualifying times to be able to enter National events. The County's Masters Team competed well at the Master Inter-County competition and Kent launched a new dual meet against Surrey Masters aimed at promoting both elite and grass-roots Masters swimming.

I'm delighted to report that Diving now forms part of our annual competition programme for the first time in many years. With the support of Chris Snode we now hold a Novices Diving Competition every April and it's been a pleasure to attend in both 2017 and 2018. The event gives younger divers the opportunity to gain qualification for National events later in the year, and a good number do achieve the standard required.

Competitive Swimming also thrives at County level with strong entries received for the main County Championships in the early part of the year and in the Development competition during the autumn.

The focus for John Handley and his team as we move forwards in 2018 will be to see if we can streamline the main Championships whilst retaining the high standard of competition that we have come to expect and enjoy.

The Swimming Team also performed exceptionally well at the Inter County Championships in October 2017, and I thoroughly enjoyed the weekend that I spent with the swimmers. Their behaviour throughout the weekend was exemplary and highlights the great nature of our swimming community.

In addition to the competition programme, we also delivered the County Development Programme for 11-year-old swimmers in line with the Swim England 2017/18 Talent Programme, and an additional one-day development camp for swimmers selected from the County Development Meet.

I must of course congratulate the five Kent swimmers who achieved GB selection over the last 18 months: Annabel Guye-Johnson, Maisie McCartney, Teigan Child, Daisy Anderson and Billy Birchmore. I have enjoyed following your progress. I also congratulate Dan Cross on his appointment to the Coaching Team for the forthcoming European Championships.

None of our events could be run without the help and support of our qualified technical officials. Our ever-growing team of Referees deliver an organised programme of high quality training to members across Kent. We set a very high standard for Officials in Kent and delivery of this programme is well-managed and organised by Malcolm Keysell and his Officials Management Team. We all owe a huge amount of gratitude to our County Officials and on behalf of you all, I thank them all.

The 2017 County Dinner was held at Birchwood Golf and Country Club in June and it was delightful to see over 100 people in attendance. The 2018 dinner is, of course, being held the night before our ACM so if anyone looks a little tired or unwell at the ACM then I guess that they will have had a great time the evening before!

We will be changing the approach to our funding method in the future and, for the first time, in 2019 we will be charging a small affiliation fee to all Category 1 and 2 swimmers in the County. This will alleviate the need to rely solely on the KCASA Swimming Championships as our primary source of income and will enable the County to deliver more development opportunities for all disciplines as we move forwards.

We all know that everyone leads very busy lives in this modern day and age, but when you look back at what are just the highlights of our collective achievements over the last 18 months it is no wonder that life goes by so quickly. The important thing is that we all enjoy what we have done and plan to do. So, keep up the great work Kent!

It's been a pleasure working with you all for the last eighteen months and I look forward to supporting you all further in the future.

John Burdett President KCASA

Financial Report for the Period to 31 March 2018

Funds

The funds have increased from 31 August 2016 (£72,524) to 31 March 2018 (£74,278) by £1,754. We are, therefore, still in a very healthy position

Kent Swimming Championship

This report covers two years of the County Championships, which have previously been a cash generator for the County. As you may remember from the last report prepared by my predecessor, charges had been kept at the previous levels for the 2016 year despite the increased fees associated with running the Championships in the Long Course format, generating a planned loss.

It was decided that as custodians of the County's funds that in 2017 we had to increase the fees, which subsequently allowed us to run at a small profit. However, the costs of hiring both Crystal Palace and the London Aquatic Centre increased still further, meaning that further increases in the fees that our elite swimmers had to pay to compete.

This has had the effect of allowing the Championships to generate a more sustainable surplus. This will allow us to continue the development projects that are always evolving and are cost based exercises, generating little or no income in their own right.

Going forward

As previously stated, to ensure that funds are available to allow the Board to continue to develop all areas of aquatics in the County, we have previously done so by way of entry fees for the swimming Championships. It is felt, however, that this is asking the elite swimmers - or more to the point, their parents - to dig deeper into their pockets each year.

It seems unreasonable to continue to demand more and more money from this same pool of athletes and, to make all Kent ASA members responsible to their part in any and all aquatic disciplines, the Management Committee has decided to next year exercise the option (which previously has not been taken) to raise a county levy when ASA fees are paid next January.

I understand that this has caused some level of concern within many clubs within the County, but please be assured that this will not exceed £1 per member. I trust that this will not cause any adverse problems for any clubs or individuals.

Ian Howes
Treasurer and Trustee

Development Report

A four- to five-year KCASA Development Plan has been drafted by the various aquatic disciplines of KCASA which is currently under consideration by the Management Committee. This plan brings together plans from competitive swimming, synchronised swimming, open water swimming, masters swimming, diving, disability/para swimming and water polo. It enables the Development Coordinator to have a good overall view of the various disciplines and to identify areas where this a common need with respect to facilities, funding and training of swimmers/athletes/players, clubs, coaches and volunteers.

The process itself allowed certain disciplines, in the drafting of their individual sections, to think about their medium- to long-term plans in a formal manner and, with a periodic review of their targets/KPIs, assess the progress that each discipline is making in relation to its official objectives.

Due to poor attendances at the last three county development days for coaches and volunteers, we will not be organising one in 2018. Instead, the Development Coordinator will identify the need for workshops previously offered such as Team Manager 1/2, Safeguarding and Protecting Children, and Time to Listen and, in conjunction with Swim England South East and London Regions, identify the number, dates and venues of each workshop to ensure they can be offered at various suitable dates and locations spread around the county.

Currently Kent Rural clubs wanting a Safeguarding and Protecting Children workshop can coordinate organising their own one with Helen Mack, Swim England South East's Club Development Officer (helen.mack@southeastswimming.org). Similarly, for Kent London clubs James Warrener is the contact (rdo@londonswimming.org).

The Development Camp in March for the top six swimmers in each age group following the Development Meet in October was well attended, with much positive feedback from swimmers and their parents. A particular thanks to the coach in charge Richard Skirving and to coach Yolande Speare.

John King Development Coordinator

Diving Report

In the absence of a County Diving championship for a number of years, the first KCASA Novice Skills Competition was arranged in 2017, focused on developing young divers in the County. This first competition attracted 93 entries from nine diving clubs across the SE Region, and doubled as a National

points qualifier for the ASA National Skills competition to be held in the LAC last July. Of the 93 entries, 49 scored their National points and, for 54% of those entered, it was their first County diving competition.

The 2018 competition was similarly well-supported with 102 divers from ten clubs, 54 of whom gained their National Qualifying points for Swim England National Skills competition in Manchester in July, resulting in many ecstatic parents!

In August last year, Crystal Palace diver Eden Cheng put in a record breaking performance of 361.30 points to win gold by 20.35 points in the girls under sixteen 10m platform at the Junior Diving Championships in Norway. She currently ranks rank 30 in the world at women's 10m platform. We also picked up a European Bronze with Louise Bradley (15 / Bromley Kent) who was third on the 1 metre board earlier in the week.

Along with Crystal Palace, competitive diving still takes place at Maidstone SC, Highgate Diving Club and at Tunbridge Wells Sports Centre Diving Club.

Chris Snode Diving Manager

Masters Report

The last eighteen months has been a very good time for Kent Masters' swimmers with improved results at all levels and a growth in the number of in swimmers competing. This has been helped by a new package of communications tools through social media – twitter, Facebook and Instagram.

In addition, a more meaningful and improved programme has resulted in:

- swimming growth at National, Regional and County levels
- more Masters records and Championship EBPs broken that in previous years 50 EBP set in the 2017 County Championships
- a more robust and inclusive County Championship, including more recognition in the form of a range
 of awards for individual achievement as well as overall performance, and the inclusion of 200m+
 events for 2018 meaning that a full programme is being offered for the first time

March 2018 saw the first of a unique event – an inter-county Kent v Sussex match, giving over 70 Kent Masters an opportunity to participate at this level. I would especially highlight the success of Nathan Friend who, as a volunteer, managed the results recording - a fantastic achievement with a very impressive live cloud link - and instant results!

In the recruitment of volunteers for Masters, we have engaged with Helen Mack (Swim England South East Club Development Officer) to give opportunities to Young Volunteers who complete their timekeeping award as part of their course.

Successes are focused round the growth and impact that Kent Masters are having from local to National level and include:

- Swim England National Masters Inter-County Team Competition 2017: seventh place the highest finish on file
- Nationally 16 Golds, 21 Silvers and 14 bronze places achieved in 2017
- A new British Record by Rebecca Stewart (Saxon Crown) of 0:28.82 for 50-54 years 50m Free
- At SE South East level 55 Golds, 62 Silver, 61 bronze medals in 2017
- New Swim England South East records set by Lauren Willcox (Saxon Crown) in the 200/400/800m Freestyle events
- Kent Masters Championships featured 200m+ events for the first time in 2018, working closely with Erith & District SC. One hundred Kent Masters competed during the day to break over 30 Kent distance records and establish over 50 EBPs.
- A mixed Kent Masters team, the Kent Barbarians, won the Frank Rider Trophy in the Spring.

Overall, we are in good shape within the Masters community. However, there is still work to be done to include more 18-24 year old swimmers into the Championships. The committee has written to clubs via Kent's coaches, and are hopeful of a large uptake this year. To encourage growth in this area, the Committee will recognize the best overall male and female swimmer for this age group.

Glen Isaacs Masters Manager

Open Water Swimming Report

We held the Kent Open Water Championships in conjunction with the London Region in 2016 and 2017 and are seeing participation increase year on year. In 2017 ten Kent Clubs had, between them, 47 swimmers participating with a further ten swimming in the SE Region OW Championships. At the 2017 National Open Water Championships, Kent was represented by 16 swimmers from six clubs which was more than in 2016.

We set up an Open Water Taster Day with a local OW training provider for the summer of 2017, but the take-up was very poor. For 2018 we have set up a similar development session, promoted via the Swimming Championships programme, on the KCASA website and Twitter, and the take-up is significantly better this summer with 12-15 participants expected to take part.

Despite the Open Water Committee being very small, it is achieving its goals although the lack of volunteers to join the committee is disappointing. The Committee have reached out to the wider Open Water community via email and, again, the response was disappointing with only one volunteer responding.

An initial Development Plan for Open Water has been drafted in line with Development Committee guidelines and will be simplified over the next year. Connections with the London Region Open Water team are proving informative and will be nurtured, but there is a need to increase the number of trained Open Water officials and coaches within the county. Having said that, Swim England guidance does enable qualified swimming coaches with Open Water experience to be risk-assessed as to their suitability to lead training sessions.

Over the last eight years swimmers (including Masters) from 22 clubs from all around Kent have entered County, Regional and National Open Water Championships. In 2015 the number was 39, virtually doubling to 77 in 2016 and dropping back slightly to 73 in 2017. We have great potential but, without support from parents, volunteers and clubs, we are not going to be able to achieve it. Open Water swimming is currently the fastest growing area of swimming for both Age Group and Masters swimmers, and a brilliant area in which to achieve success.

Karen Crabtree Open Water Manager

Synchronised Swimming Report

Synchro continues to thrive in Kent, with five active clubs, all of which have an active junior membership. All are SwimMark accredited, either independently or as part of umbrella clubs. The Kent Synchro SwimMark Network embraces all five (Erith & District, Faversham, Hythe Aqua, Medway Mermaids, Sevenoaks), and they collaborate closely in their commitment to the Network. Money allocated by SwimMark was used to run a joint development day in 2017 and one for 2018 has been confirmed.

Medway Mermaids now has a Masters section and Erith & District is running an Academy to develop younger swimmers into the club. Also, Medway Park is running synchro lessons which feed into Medway Mermaids.

There were major structural changes to the way Synchro is run in the UK in 2017, the effects of which are still being embedded. A new grading system has come into force, and all girls in Kent are now being trained towards these new grades as well as an emphasis on training more judges. The regulations regarding competitions have also changed significantly over the past 18 months, but we have been

commended for our thoroughness in ensuring that changes are taken on board and being implemented well.

We held a successful Kent & Invitational Championships in November 2017, with 150 swimmers competing. Last year the new Swim England Synchro Combo Cup competition was attended by Medway Mermaids and feedback was very positive. As a result, four of the Kent clubs are entering this year.

In 2017, sixteen girls from around the county qualified to swim at NAGS (National Age Group Championships), and Hythe Aqua entered a 15-18yrs Free Team. Four clubs swam teams at Regional and Multi-regional events. In addition, Kent currently has girls swimming with the South East Beacon and London squads.

All clubs are currently focusing on training coaches in order to ensure good succession planning. Across the county, coaches have passed both L1 and L2 Coaching qualifications. Coaches collaborate closely, and several are coaching at more than one club.

All clubs have been proactive in promoting volunteer participation and all report good response to appeals for more poolside and competition volunteers.

Overall, Kent Clubs are working together, using combined expertise and experiences, to ensure the best outcomes for synchronised swimmers across the county.

Carolyn Crowe Synchronised Swimming Manager

Swimming Report

Kent Swimming has enjoyed another successful period since 31 August 2016!

The County Championships have gone from strength to strength under the guidance of Alan Davidson and his team. We have been able to continue the Championships as Long Course events at Crystal Palace and the London Aquatics Centre.

However, we do face a number of challenges for 2019. Unfortunately, it appears that the LAC will be unavailable to us for 2019 despite the best efforts to secure the booking there. As a result, we have booked Crystal Palace for four weekends in 2019 which will mean that all the individual events will have to be held in an 8-lane pool. We also have to fit in two extra events required by the ASA – a boys 800m freestyle and girls 1500m freestyle so there will be more pressure than ever in accommodating as many qualified swimmers as possible.

The quality of competitive swimming in the County which has resulted in some of the most difficult County qualifying times in the Country is something of a double-edged sword but is most importantly a testament to the work of all the County's swimmers and coaches.

In the National Team Championships, we achieved our best result ever in 2016 finishing third behind only the perennial powerhouses of Yorkshire and Lancashire. In 2017 we finished sixth which, had it not been for the previous year, would have been one of our better all-time results. We are very grateful to Richard Skirving of Gravesend SC, who acted as head coach both years, and all those assistant coaches, team managers and officials who volunteered their time to help the swimmers to achieve so much at these events.

2016 also saw the introduction of a two-day Development Meet to give those swimmers outside the main County Championships opportunities to swim in a County event across a much greater range of events. This was a great success which was built on in 2017. Again, Alan Davidson was at the heart of this along with the County's Development Co-ordinator John King. The one-day Development Camps offered to the most successful swimmers at the Development Meet were also a great success.

In 2017, as part of the Swim England Talent Pathway, counties were required to take on the responsibility for providing development camps for swimmers aged 11 at the end of each year. This was a steep learning curve for all us but mainly thanks to the efforts of Kim Longland as Head Coach and Marie Atkinson-Bryan as Lead Team Manager we were able to deliver a successful programme.

The programme comprised three camps held at venues across the County in April, July and October and which went down very well with swimmers and parents. The camps are also intended as tools for workforce development and offers opportunities to coaches and team managers to work in a camp environment.

Well done to all those swimmers who achieved international recognition in the pool over the period including: Annabel Guye-Johnson (RTW Monson), Daisy Anderson (Thanet) and Billy Birchmore (Orpington Ojays) as well as those clubs who reached the Arena League finals days (Sevenoaks and Thanet in both 2017 and 2018 and Bromley in 2018). In 2018 Kent had more Clubs at the finals day than any other County!

Finally, I am grateful to all my colleagues on the Swimming Committee for their support and assistance and to all those who helped in any way to run any of the County Swimming events in the last year and a half.

John Handley Swimming Manager

Water Polo Report

The past eighteen months have been very busy with new and existing projects taking place - but more of this later on.

First of all – and most importantly - there has been a smooth transition between Paul Holehouse and myself as the KCASA Water Polo Manager, a gradual process taking place over the last two years. Fred Holehouse was the Water Polo Manager from 1984-2008 when Paul stepped into his shoes until 2017, meaning that there has been a Holehouse family member running Kent Water Polo for 34 years - since before I was born! The Kent Water Polo community gives thanks to the Holehouse family for their significant contribution for running the sport.

There have been some significant developments in water polo operations. This includes an electronic monthly water polo newsletter (over 150 subscribers) and the increased use of social media to publicise the sport further and increase engagement across the county. We have also seen new Kent Development sessions taking place at Swanley for all players in Kent who are under 16 and under 14 years and which has allowed an increase in the pool time available to more players compared to previous years.

In recent months the Kent Badge Award - focused on the teaching of core skills and helping the coaches deliver training - has been further rolled out, and club coaches can now assess players in their own club rather than attend County assessment sessions.

The last eighteen months has seen great development on the athlete pathway between club/county/ regional teams. Hythe has very good links to Swim England South East training with many of their players traveling well over an hour to attend sessions. Kent is in discussions with the Region on how to make the whole of the county link in better with their regional training. We are using Hythe as an example to show that it can be done if parents and children are committed.

This year has seen many great achievements for individuals and, for the first time in memory, four clubs were represented in a Kent team chosen on merit, utilising the commitment of coaches and players across the county. Player achievements include:

- Jack Waller (Bexley) is representing England and Callum Bailey (Shepway) Scotland in the Commonwealth Water Polo games.
- James Spencer-Boyce (Beckenham) represented GB in the U19 squad
- Toby Marsray (Hythe) has been invited to train with the GB juniors

Other players have represented London Region and Swim England South East teams at regional competitions in their respective age groups. Club achievements include:

- Bexley won the London Premiership title and the London Referees Cup
- Faversham finished second in Swim England South East League
- Beckenham entered the NAGS U17 boys and finished 4th nationally

The Kent League winners were Shepway A for the first time ever

As well as the county championships which as in previous years finished with a range of winners, the Kent Festival also took place with the results confirming that many clubs have strengths within their junior set-up:

under 12 winners: Favershamunder 14 winners: Hytheunder 16 winners: Beckenham

Kent County once again entered seven teams (covering a good range of age and gender) into the Inter-County competition. All teams did the county proud, with the highlight being the Mixed Under 16 Team winning their competition. Invicta is now 25 years old and continues to enter teams with Kent players into national competitions.

The Kent Network still meets twice a year and plans to continue do so for the upcoming year but there is currently no more funding. All the clubs that are part of the Network are SwimMark accredited and the Network will continue to grow and develop water polo in the coming years.

The workforce in the county remains very small and fragile. In the Spring of 2018 Kent Water Polo ran the Young Volunteers for Water Polo course for the first time. It was fully booked with fifteen young people attending, and a further eighteen have shown interest for the next one. The early signs are that this has helped but more work is required especially with respect to the training of qualified referees and Level 1/2 Water Polo Coaches. In addition, we would like to run a mini polo workshop for swimming teachers to increase its visibility and encourage young swimmers to take up the sport.

It's great to see the continued growth of water polo over the last eighteen months - especially at junior level. Over the next year we are looking to introduce water polo into more schools and develop links with the local community, as well as possibly running some form of school competition with the school partnerships as a way of continuing to develop water polo.

Finally, I would like to thank Kent County ASA Management Committee and Rosa Gallup (Swim England Club Development Officer) for their continued and endless support throughout the last eighteen months.

Ben McDonald Water Polo Manager

Swimming Officials Report

Over one hundred and forty volunteers started their J1 training to become Officials between December 2016 and March 2018.

During the same period, Kent was able to report successful assessments to Swim England of:

- 47 Judge Level 1
- 14 Judge Level 2
- 8 Judge Level 2S (Starter)

The most significant success came in the record number of <u>eight</u> new British Swimming Referees that Kent was able to successfully train to pass the written and practical examinations necessary for this qualification.

With the addition of new Referees, we are now able to provide a full programme of training courses - two J1, one J2, one J2S - in each of six locations throughout Kent. These are on a rolling calendar, and dates are published on the website calendar here http://www.kentswimming.org/cal-events.html.

The Kent Officials hub has been very useful in keeping officials' and trainee officials' records up to date. It also successfully provided the Kent County Championships with a full contingent of Technical Officials, allocating roles and providing Referees with details of the officials for each of their sessions.

The increased number of qualified officials have allowed more Club Championships to obtain Level 4 licences, and Kent's officials continue to support the Level 3 meetings, Arena and Kent Junior leagues,

Kent Competitions and Kent County Championships. In addition, in December last year Kent provided one technical official and in July two at the Swim England National Championships in Sheffield.

A series of FINA Rules Update presentations were arranged around the county at the end of last year, explaining the new rules that were adopted by British Swimming from October 2017. Around one hundred Kent Officials attended these workshops.

The current programme, and volunteer force makes sure that Kent County ASA continues to deliver high level training courses on behalf of Swim England and British Swimming. The County can continue to be proud of the standard of their qualified technical officials as acknowledged by George Adamson, Swim England South East Technical Officials Training & Development Co-ordinator:

'Well done to all the candidates and trainers in Kent, in supporting ALL levels of the sport and the swimmers. Thank you for your support to the County and the Region.'

Malcolm Keysell Swimming Officials Manager

Club Development Report – London Region

Swimmark: The London Region now has 47 accredited clubs, eight of which are in Kent London: Beckenham, Bexley, Bromley, Crystal Palace Diving, Erith & District, Greenwich Royals, Orpington OJs and Saxon Crown. Eltham Stingrays have lost their Swimmark accreditation. Currently there no clubs working towards Swimmark, but both Sharks of Mottingham and Bexley Masters have expressed an interest in the become Swimmark Accredited

London Bursaries: The region continues its coaching bursary grants for Level 1, 2 and 3 coaching courses and has increased to two applications per financial year for each club. In the last 12 months, we have had one Kent London club that received a grant - Erith and District Swimming Club for a Level 3 Senior coach.

Regional Club Networks: Beckenham, Bexley, Bromley, Saxon Crown, Orpington OJs are key members of the Crystal Place Network. This network works together to steer swimming in the region. As part of the network the clubs are entitled to access pots of funding to help develop the clubs' workforce, sport science provision and purchasing new equipment.

Regional Talent Camp: Swimmers from around the region were invited to a development day designed by the England Programmes Team and delivered by a group of Lead and Assistant coaches from across the region. Caroline Collis from Bexley Swimming Club was one of the Assistant coaches and Marie-Jane Leberl served as the Team Manager on this camp. Kent had six swimmers on the Pool camp from: Bexley, Bromley and Erith and District. The Open Water Development camp had seven swimmers from Bexley, Beckenham, Greenwich Royals and Orpington Ol's.

London Region Team – Flanders Cup, Antwerp 20 & 21 January 2018: In 2017 the London Region sent a team of 27 Swimmers, four coaches and a team manager to the Flanders Cup in Antwerp, Belgium. This was for many was their first experience of swimming in Europe. The team swam well, achieving 1 silver and 1 bronze medal, and 17 swimmers making A or B finals. The Kent Swimmers who formed part of the team and participated at this competition were: Tiegan Child Beckenham 8th 800 Freestyle, Finlay Maxwell Beckenham, Luke Gunning Beckenham, Joseph Dodd Bromley, Matthew Rogers Bromley, 7th 400m IM and Imogen Meers Bromley Swimming Club. Tony Beckley of Beckenham SC was also selected as one of coaches on this trip.

Coach Development workshops: The region delivered a Coach Development Day in June 2017 led by the England Programmes Team. Caroline Collis from Bexley attended this workshop

Workforce Development: During 2017 the region ran a number of course/workshops to help upskill the volunteer workforce in the region. Eight Safeguarding & Protecting Children, five Team Manager and three Time to Listen workshops were organised. A total of 254 London Region volunteers have benefited from these workshops.

Due to the restructuring of the ASA/Swim England and the recruitment process in the Region, it did not deliver a young volunteers programme in 2017. However, with new staff now in post this is high on the Region's agenda to deliver in 2018/19.

James Warrener Discipline Development Officer

Club Development Report – Swim England South East

SwimMark: The South East Region now has 96 SwimMark Essential accredited clubs, 17 of which are in Kent (Rural). City of Canterbury has achieved accreditation during this period but unfortunately Ashford Town and Hythe Aqua SC lost accreditation. Dover Lifeguard SC are actively working towards accreditation at the June 2018 panel meetings.

In total 44 % of the affiliated Kent Rural clubs are currently accredited (17 out of 39 clubs).

Young Volunteer Programme: The Region once again delivered a Young Volunteer Programme in 2016/2017 and 2017/2018. During these programmes, 32 young people completed the whole programme which is aimed at increasing the number of trained young people and to improve the accessibility to formal and informal training opportunities.

The young people participating in the programme were from eight clubs: Tonbridge SC, RTW Monson SC, Sheerness SC, Faversham SC, Maidstone SC, Herne Bay Lifeguard & SC, Larkfield SC and Dartford District SC.

Nathan Friend from RTW Monson has further developed his volunteering through supporting Masters events, focusing on recording results. With the support from the Kent Masters, the young volunteers have been offered further opportunities to enhance and develop their skills. This will be further developed through the 2018/2019 programme.

Regional 12-year-old Pathway Camps 2017: 36 swimmers were selected to participate in the Regional 12-year-old pathway camps that were held in July, September and December. The eleven selected swimmers from Kent were:

David Allen (Black Lion), Archie Hawkins (Thanet), William Reeves (Thanet), Caitlin Ebbage (Tonbridge), Claudia De Vivo (Folkestone), Elspeth Watson (Sevenoaks), Emily Graziano (Edenbridge), Erin Nisbet (Tonbridge), Holli Gushlow (Edenbridge), Imogen Stoddart (Sevenoaks), Izzie Mercer (RTW Monson)

Arthur Lawlor (Thanet) was selected as a skills coach for this camp. These camps were promoted as a development day for interested coaches. Kerry Allen (Black Lion) and Della Clout (RTW Monson) both attended.

Regional Off Shore Camp 2018: In January a team of 24 athletes represented the South East at the Flanders Cup Meet in Antwerp. Selections were made from the regional winter championships. Katie Latham, Daisy Anderson, Masie McCartney and Jamie O'Connor attended this meet. Annabel Guye-Johnson was also selected, however, did not attend due to a selection for a British Swimming Team. Dan Cross (Thanet) was also selected to attend the camp as a coach.

South East Region Bursaries: Between 31 October 2016 and 31 March 2018, Kent clubs received £12,012 from the regional bursary scheme;

•	11 x level 1/2 teaching bursaries	£3381.90
•	17 x level 1/2 coaching bursaries (all disciplines)	£3175.60
•	199 x Safeguarding & Protecting Children Workshop	£2833.25
•	2 x level 3 bursaries	£2621.25

Club Networks: No new Networks have been established in Kent during this period, but the existing networks continue to work together and have maintained SwimMark accreditation. The Accredited Networks are:

- Medway Network
- Kent County Synchro Network

Kent County Water Polo Network

All the above networks have received funding from the region to support development activities: Kent Synchro and Medway networks have received £1000 each and Kent Water Polo network £2000.

RTW Monson are part of the SSK Network which is also an accredited Network which is made up of clubs from Surrey, Sussex and Kent.

East Invicta Network are not Swim Mark but appear at present to be gathering in strength. The Network delivered an Assistant Coach course held at Ashford School.

The **Kent County Water Polo Network** is going from strength to strength and I would like to congratulate Ben McDonald on the excellent newsletter that he circulates each month. The Network has now started the Badge scheme for skills in water polo and this appears to be going well.

The Network also organised and delivered a Young Volunteers course, Swim England Aquatic Helper Certificate for Water Polo earlier in March 2018, which was very well supported with 18 candidates attending.

Medway Network have organised a Level 1 Coaching Assistant and Level 2 Coach course in Maidstone during the last 12 months. They have also organised Team Manager Training, a development day for the younger swimmers and some of the clubs have worked together to access long course training.

Kent County Synchro Network have been working hard and developing various skills in preparation for upcoming competitions.

Swimming Regional Coaches Forum: The Regional forum meets five times per year to offer support and direction for the development of swimming across the region. Kent is currently represented by Dan Cross (Thanet) and Tony Smith (Canterbury)

Regional Open Water Camp 2017: The Region ran an open water camp with the support and direction from Swim England Talent in June 2017 for 12-16 year-olds. Athletes were selected if they either came in the top three at the Regional or National Championships in 2016 or through the distance rankings for the 12-year-olds. David Allen (Black Lion) and Lily Jewell (Thanet) were Kent's participants. The day consisted of a pool skills session, a workshop and an open water training session.

Coach Development Workshops: Seven coaches from Kent attended the 2017 Regional Coaches Conference in Leatherhead. Eight were due to attend the Regional Conference in March 2018 which was unfortunately cancelled due to adverse weather conditions.

Volunteer Training Calendar: The region continues to produce the volunteer training calendar on a monthly basis, which identifies courses for the coming three months. The calendar includes all volunteer courses and workshops, such as Safeguarding and Protecting Children (SPC), Team Manager 1/2 and Time to Listen for Club Welfare Officers delivered within the region. Information is collated from all partners, including county sport partnerships, UK Coaching, independent approved centres and the Institute of Swimming.

Swim England South East Regional Newsletter: The region continues to produce the monthly newsletter which is e-mailed directly to those who have signed up to receive the document on the first of each month. If you would like to receive the newsletter, please visit the Swim South East website and click the 'join newsletter' button on the home page.

Time to listen: The workshop delivered in Kent at the development day in September 2017 had eight attendees, all from Rural Kent clubs. The 2018 Kent workshop is planned for Sunday 16 September at Medway Park, immediately after and SPC workshop.

Safeguarding Workshops: Towards the end of 2016, the region registered as a licensed partner with UK Coaching, to enable Safeguarding courses to be delivered at cost to the region's clubs. During the period 31 October 2016-31 March 2018, ten Kent Rural clubs have hosted a safeguarding workshop - often offering places to other clubs - providing safeguarding training to 168 club volunteers, teachers and coaches.

Team Manager Training: During this period, the South East has delivered three Team Manager Module 1 and two Module 2 workshops in Rural Kent, training a total of 68 Team Managers.

Helen Mack Club Development Officer

General Data Protection Regulations (GDPR)

To meet the requirements of GDPR which came into effect on 25 May, we have already put in place the following processes:

Opt in to mailings:

- General at http://www.kentswimming.org/sform-about-email-sign-up16.html
- Masters specific at http://www.kentswimming.org/sform-masters-email-sign-up.html

All previous General or Masters mailing lists held by the General Secretary have been permanently deleted.

Opt in to social media:

	General	Masters	Water Polo
Twitter	@kentswimming	@KentMastersSwim	@KentWaterPolo
Facebook		Kent Masters Swimming	Kent ASA Water Polo
Instagram		kentmastersswimming	

We have made it clear to the managers of these accounts that they are intended as information highways only and should not be used to express opinions - personal or otherwise - that could be considered unacceptable in any way, manner or form.

Handbook

The Management Committee has taken the decision not to publish and distribute a hard copy of the KCASA Handbook from now onwards. The reasoning behind this is that contact details for technical officials has already been removed and, having reviewed the current version, will be taking out all personal contact details of Officers, Appointees and Club Secretaries. This means that it remains a useful resource as far as protocols and processes are concerned, but not as a contacts directory.

From now onwards it will be accessible on the KCASA website as a virtual handbook, and Officers and Appointees will still have @kentswimming.org email addresses posted under the Contact Us menu. In addition, we will give every club an @kentswimming.org email address which will be automatically forwarded to the relevant club secretary. We will then post a club listing on the website. This means that Club Secretaries will still be contactable, but we will not be releasing personal contact details.

If anyone would prefer to receive a hard copy of the handbook, a limited number can be produced (at a cost to the County) but we would like to think that the electronic version will meet the needs of most people.

Data Controllers

Currently John Burdett is the Data Controller for the Kent Officials Hub and the General Secretary is the Data Controller for the contact details (name, address, phone number, email address) of Club Secretaries, Secretaries of Affiliated Associations, Past Presidents, Honorary Members, Officers and Appointees. Contact information for these groups will only be shared as appropriate with Swim England South East, London Region and Swim England. Any other requests to share information will be forwarded to the person involved.

The General Secretary also holds the submitted details of those who have opted in to the general and Masters mailing lists. This information will only be circulated to Officers and Appointees for a specific purpose.

Action Plan

We will be asking every Discipline Manager and others to complete a data audit so that we can extend our policy to cover all areas of KCASA activities to ensure that all personal data is kept safe and used appropriately by the various Data Processors.

Shelley Robinson General Secretary

Agenda Item 10: Presentation of Awards

Keighley Memorial Trophies (Swimming Championship Points Winners) 2018

Ladies/Girls: Sevenoaks SC Men/Boys: Thanet SC

Kent Schools Swimming Association Trophies

(Runners-up) 2018

Ladies/Girls: Bromley SC
Men/Boys: Sevenoaks SC

John and Pat Carrie Trophies (3rd Place) 2018

Ladies/Girls: Thanet SC Men/Boys: Bromley SC

KASA Swimming Championship Most Improved Club Trophy 2018

Girls: Gravesend & Northfleet SC

Boys: City of Canterbury SC

Keighley/Mayes Trophy 2018 Ellen Stepan (Greenwich Royals SC)

KCASA Para Swimming Team of the Year Trophy 2018

Orpington Ojays SC

Lionel Parker Memorial Trophy for Swimmer of the Year 2017 (already presented)

Annabel Guye-Johnson (RTW Monson SC)

Junior Swimmer of the Year Trophy 2017 (already

presented)

Tiegan Child (Beckenham SC)

E M Walliss Cup for Girls Novice Diver of the Year

for 2018

Zara Turkel (Crystal Palace DC)

Pitt Payne Cup for Boys Novice Diver of the Year

2018

Maximilian Lorke (Crystal Palace DC)

John & Pat Carrie Masters' Swimming Club Points

Trophy 2017RTW Masters SC

KCASA Masters Distance Championships Club Points

Trophy 2018RTW Masters SC

Upton Ladies Masters Swimmer of the Year Trophy

2017

Del Jenkins (RTW Masters SC)

Robinson Mens Masters Swimmer of the Year

Trophy 2017

Alan Burrows (Black Lion SC)

KCASA Open Water Team of the Year Trophy 2017

Black Lion SC

KCASA Open Water Swimmer of the Year Trophy

2017

Maisie McCartney (Thanet SC)

KCASA Junior Open Water Swimmer of the Year

Trophy 2017

Maisie McCartney (Thanet SC)

Synchronised Swimming Progression Trophy 2017

Amber West (Medway Mermaids SSC)

Synchronised Swimmer of the Year Trophy 2017

Not Awarded

Bill Dickie Water Polo Player of the Year Trophy 2017

Simon Woolley (Beckenham SC)

KCASA Junior Water Polo Player of the Year Trophy

2017

James Spencer-Boyce (Beckenham SC)

Edward G Maples Memorial Trophy 2018

Michele Ellis (Tonbridge SC)

President's Cup 2017

Dartford District SC

Agenda Item 11: Election and induction of the Vice President for 2018: Malcolm Keysell (Faversham SC)

Agenda Item 12: Election and induction of the President for 2018: John Handley (Beckenham SC)

Agenda Item 13: Introduction of John Burdett as Chairman of the Association

Agenda Item 14: Declaration of election of the Management Committee for 2018/19

Treasurer and Trustee: Ian Howes (Folkestone Sports Centre SC)

General Secretary:Shelley Robinson (Sevenoaks SC)Secretary Kent London SA:Kay Grimshaw (Bromley SC)Secretary Kent Rural SA:Shelley Robinson (Sevenoaks SC)

John Handley (Beckenham SC)

Norma Nyaulingo (Beckenham SC)

Jean Scott (Beckenham SC and Bexley SC)

Colin Booth (Maidstone SC)

Alan Davidson (City of Canterbury SC)

Ann Hunt (RTW Monson SC)

Ellie Purvis (Herne Bay SC)

Barbara Upton (Larkfield SC)

Agenda Item 15: Vote of thanks to the scrutineers: Barbara Upton and Jean Scott