

THE KENT JUNIOR LEAGUE

2026 PROGRAMME

The competition for each round shall be:

Female	Open/Male	Age	Event
1	2	13/U	200 IM
3	4	10/U	4x50m Freestyle Relay
5	6	12/U	4x50m Medley Relay
7	8	11/U	4x50m Freestyle Relay
9	10	13/U	4x50m Medley Relay
11	12	10/U	50m Butterfly
13	14	12/U	100m Backstroke
15	16	11/U	50m Breaststroke
17	18	13/U	100m Freestyle
19	20	10/U	50m Backstroke
21	22	12/U	100m Breaststroke
23	24	11/U	50m Freestyle
25	26	13/U	100m Butterfly
27	28	10/U	50m Breaststroke
29	30	12/U	100m Freestyle
31	32	11/U	50m Butterfly
33	34	13/U	100m Backstroke
35	36	10/U	50m Freestyle
37	38	12/U	100m Butterfly
39	40	11/U	50m Backstroke
41	42	13/U	100m Breaststroke
43	44	10/U	4x50m Medley Relay
45	46	12/U	4x50m Freestyle Relay
47	48	11/U	4x50m Medley Relay
49	50	13/U	4x50m Freestyle Relay
51		All	Mixed 8x50m Squadron Relay

Individual events are odd-numbered for female and even-numbered for open/male swimmers:

- Female - swimmer with a birth sex of female.
- Open - swimmer with a birth sex of male, trans or non-binary, or not eligible for the female category.

Squadron Relay:

- The relay will be swum in the order of one female at birth and one open/male in age order from each of the four competing age-groups as follows - 10/U, 11/U, 12/U and 13/U.

The age-groups shall be as of 31st December in the year of competition.

Competitors may compete in a maximum of four individual events, with a maximum of two in their age group with the exception of 13 years & under swimmers who can swim in a maximum of 3 individual events in their age group.

For individual events, 9 year olds can only swim up one age group.